



WASHINGTON INTERSCHOLASTIC ACTIVITIES ASSOCIATION

MIDDLE SCHOOL WRESTLING WEIGHT PERMIT

SCHOOL: **Brier Terrace Middle School** CITY: Brier, Washington

STUDENT NAME: \_\_\_\_\_ BIRTH DATE ( \_/ \_/ \_ )

HEIGHT \_\_\_\_\_ WEIGHT \_\_\_\_\_

**PHYSICIAN'S RECOMMENDATIONS**

I recommend that the student designated above **should not** be allowed to wrestle any weight **less than** the indicated classification checked:

<input type="checkbox"/> 81	<input type="checkbox"/> 88	<input type="checkbox"/> 93	<input type="checkbox"/> 98	<input type="checkbox"/> 103	<input type="checkbox"/> 108	<input type="checkbox"/> 113	<input type="checkbox"/> 118	<input type="checkbox"/> 123	<input type="checkbox"/> 128	<input type="checkbox"/> 133	<input type="checkbox"/> 140	<input type="checkbox"/> 148
<input type="checkbox"/> 157	<input type="checkbox"/> 167	<input type="checkbox"/> 178	<input type="checkbox"/> 188	<input type="checkbox"/> 203	<input type="checkbox"/> 238	<input type="checkbox"/> 278	<input type="checkbox"/> Other:	<input type="checkbox"/> Other:				

**Note:** The above classifications *include the post February 1st three pounds growth allowance* as stated in the WIAA Handbook under Junior High School Wrestling Regulations. This will allow them to stay within their weight classification.

\_\_\_\_\_  
Date of Exam                      Physician Name *(please print)*                      Physician Signature

**NOTE TO PHYSICIAN:** The purpose of this report is to prevent undue weight reduction for competitive purposes. WIAA middle school rules permit leagues to adopt up to twenty (20) weight divisions. The above weights may vary between leagues.

**PARENT'S APPROVAL**

I have read and accept the above recommendation made by the examining physician.

\_\_\_\_\_  
Parent Name *(please print)*                      Parent Signature                      Date

**THIS COPY MUST BE KEPT ON FILE IN THE SCHOOL OFFICE. The principal shall sign the summary copy.**

\_\_\_\_\_  
Principal Name *(please print)*                      Principal Signature                      Date